

1967 Track Honor Roll (6/4/67) St. Paul Pioneer Press

(does not include all Regionals, Conferences, or the State Meet)

100 Yard Dash

Marty Samrau, Anoka :09.9
Greg Lokken, Moorhead :09.9 (:09.7w)
Lloyd Bailey, St. Paul Park :09.9
Craig Pederson, Albert Lea :10.0
Eric Bauer, Minnetonka :10.0
Lee Belfield, Mpls. Vocational :10.0
Ron Anderson, Robbinsdale :10.0
Ron Dachis, St. Louis Park :10.0 (:09.8w)
Stuart Hendrickson, Indus :10.0

220 Yard Dash

Craig Pederson, Albert Lea :21.8
Bill Timm, Robbinsdale Cooper :22.1
Greg Lokken, Moorhead :22.3
Ron Dachis, St. Louis Park :22.4
Paul Bearmon, St. Louis Park :22.5
Dan Ruzek, St. Louis Park :22.5

440 Yard Dash

Mark Finneman, Kellogg :49.6
Ron Wattters, White Bear Lake :50.0
Tom Gillespie, Arlington :50.0
Al Shapiro, St. Louis Park :50.1
Steve Ashley, St. Louis Park :50.4

880 Yard Run

Dan Ewing, Mounds View 1:55.5
Tom Steiner, Alexander Ramsey 1:56.0
John Aikin, White Bear Lake 1:57.0
John Cordes, Duluth East 1:57.0
Rick Peters, St. Paul Highland Park 1:58.2
Jim Solsvig, Mpls. Southwest 1:58.2

One Mile Run

Ben Grockett, Mpls. Roosevelt 4:14.6
Dave Jones, Duluth East 4:18.7
Garry Bjorklund, Proctor 4:19.4
Greg Nelson, Mpls. Washburn 4:20.0
Mike Hanley, Anoka 4:21.9

120 Yard High Hurdles

Ralph Wirtz, Coon Rapids :14.2
Bob Palmer, St. Paul Park :14.5
Al Montgomery, St. Paul Washington :14.7
Glen Snesrud, Bloomington Lincoln :14.8
Terrell Lewis, Mpls. North :14.8

180 Yard Low Hurdles

Ralph Wirtz, Coon Rapids :19.2
Dave Proell, St. Cloud Tech :19.6
Craig Sarnier, North St. Paul :19.7
Al Montgomery, St. Paul Washington :19.8
Eric Bundgaard, Northfield :19.8

880 Yard Relay (4x200)

Coon Rapids 1:30.5
Alexander Ramsey 1:30.9
Saint Louis Park 1:31.5
White Bear Lake 1:31.5
Mankato 1:32.5

Mile Relay (4x440)

White Bear Lake 3:23.0
Mounds View 3:24.4
Stillwater 3:24.6
Saint Louis Park 3:25.8
North St. Paul 3:27.4

Shot Put

Nick Hartzel, White Bear Lake 58-9.5
Doug Schindler, Richfield 57-7.5
Dale Johnson, Intl. Falls 56-10
Gary Sabourin, Coon Rapids 56-7
Gary Peterangelo, Duluth Denfeld 56-3

Discus Throw

Tim Muller, Mpls. Washburn 170-6
Bill Larsen, Hermantown 167-8.5
Bill Steinbauer, Edina 165-10.5
John Bunde, St. Paul Central 162-4.5
Rick Shannon, Bloomington Lincoln 160-4.5

High Jump

Jim Brunzell, White Bear Lake 6-4.25
Kreg Kafitan, Mpls. Washburn 6-3
John Tjaden, Edina 6-2
Bill Steiner, Mankato 6-1.75
Mike Kassulke, Saint James 6-1.5

Pole Vault

Jim Rutz, St. Louis Park 14-0
Bob Nicholson, White Bear Lake 13-5
Mike Sharratt, Richfield 13-0.5
Tim Labatt, Coon Rapids 13-0
Steve Kulenkamp, West St. Paul 13-0

Long Jump

Ralph Wirtz, Coon Rapids 23-0
Dave Proell, St. Cloud Tech 22-7
Alton Jenkins, Mpls. Central 22-6
Cyd Maatala, Moorhead 22-4.25
Ron Whitaker, St. Paul Washington ??